

**The White Mountain Community Health Center is proud to announce it has added a new patient assistance fund to its list of services.** The Polycystic Ovarian Syndrome fund assists low income patients with payment for tests relating to the diagnosis of PCOS.

The force behind the fund is Jean Potter Murphy. Jean, even with a medical background, had never heard of PCOS when a family member was diagnosed several years ago. Her journey has led to a flurry of public awareness efforts, the founding of a local PCOS support group and the establishment of the PCOS Fund at WMCHC. PCOS is defined by the American College of Obstetricians and Gynecologists as “a disorder that results from abnormal levels of certain types of hormones.” PCOS not only presents problems during the menstrual cycle including pain and irregular periods, but also presents in symptoms such as excess hair on the face and body, acne, darkened color or change of texture seen on neck, armpits and inner thighs, obesity, fertility problems, hair loss and more.

If you or another woman in your life may have PCOS, contact your healthcare provider to obtain diagnosis and treatment. For more information and support please visit [pcosupport.org](http://pcosupport.org).