

Thank You

for your recent support!

Evergreen Institute for Wellness
Poland Springs

Rotary Club of North Conway
Memorial Hospital
SAU45-Moultonboro

Curves of North Conway
Subway, Intervale
ValueLand, Ossipee
Flatbread Company

The Skinny Towel & Washcloth Co.

Sandy Chaput

Meg Phillips

Linda Prushinski

David & Sally Olson

Karen Derouin

Brenda Leavitt

Northway Bank

Brian and Vickie Fairbank, Cranmore

Wendy Olson

Richard Badger

2011 Yard Sale Thank You!

A sincere thank you to all those who purchased tables, came by to shop, donated items and helped us man the yard sale on Saturday, September 24th.

More information about services, news, programs, privacy policy, providers, events, location and more is available at:

www.whitemountainhealth.org

Fond Farewells to Long Time Board Members

After serving with the WMCHC board for many years, we say our goodbyes to Jac Cuddy, John Colbath and Drew Smith. The management and staff of WMCHC wish these three amazing individuals great things to come. Thank you guys! You have made a difference in our community through your service to our board.

Best Wishes

We'd like to thank both Karen Cole and Ibby Cooper for their service on the WMCHC Board of Directors. All the best to both of you as you move on to take more time with your families.

Welcome!

Lori Hill, of Northway Bank has stepped up to take a position as the newest member of our board of directors.

Retirement Announced



Although we're sad to see her go, we all wish her the best! This past June, **Kristy Laver-tue, pediatric program R.N., retired after 14 years** with WMCHC. Kristy is looking forward to traveling, spending time with family and having a lot more time to root for her Boston Red Sox!



**You're holding
an important piece
of the puzzle!**

WMCHC has recently been hit with over \$130,000 in cuts from the state.

Our health center has made many changes in the way of cost savings to help accommodate for this huge loss. The other piece of the puzzle is bringing in more funds. Cost savings alone is not enough.

It has become increasingly difficult to offer the same services and programs without financial assistance from many fronts including community members.

Every donation to WMCHC helps a friend, neighbor, coworker or other valley resident. Every dollar helps us solve this financial puzzle for the sake of our community.

Please consider a donation for as much as you can. Your piece of the puzzle matters to our community as a whole.

**You can donate online at
www.whitemountainhealth.org
or mail a check to
WMCHC**

**P.O. Box 2800
Conway, NH 03818**

Thank you.



In the Spotlight

WMCHC Board of Directors

White Mountain Community Health Center has the oversight of a community board of directors. These volunteers represent many of the towns we serve. They each have expertise that assists the health center management team and provides guidance. Our board members not only give of their time, but are involved in fundraising activities and play a valuable role by representing the health center in our community. Two of our dedicated board members have established private patient care funds for use by health center patients.

When you see these amazing individuals in the community, please thank them for their service to WMCHC and our valley.

WMCHC Board of Directors:

President Fay Melendy Attorney

Vice Pres. Brenda Leavitt Realtor, Business Mgr.

Treasurer Trish Murray, D.O.

Secretary Barbara Gartland, Human Resources
Eric Hirschfeld, DDS

Chris Meier, Attorney

Bert Astles, Mental Health Administrator

Angela Zakon, Certified Public Accountant

Janice Crawford, Ex. Dir. MWV Chamber of Commerce

Scott McKinnon, President & CEO, Memorial Hospital

Carol Hastings, Retired Educator

Robert Rose, MD, Saco River Medical Group

Lori Hill, Banking

**We appreciate our
board members!**



P.O. Box 2800 • 298 White Mountain Highway
Conway, NH 03818 • 603-447-8900

white|community
mountain|health center
with support from Memorial Hospital

white|community
mountain|health center
with support from Memorial Hospital



Affordable healthcare
It's our mission. It's our passion.

Fall 2011
Newsletter

www.whitemountainhealth.org



Executive Director's Notebook

The medical profession throws around specialized terms and acronyms almost as much as the military and our government. "Safety net" is the term we use when discussing the health center's ability to serve low income, no income, the uninsured and those with other coverage such as Medicare or Medicaid. We also serve the "underinsured" who have high co-pays, high deductibles and/or no outpatient coverage. By serving this population we catch them in our safety net of services and ensure they do not slip through the cracks because they cannot afford medical care. We do this through a "sliding fee scale" which refers to levels of reduced charges based largely on income.

WMCHC recognizes the value of keeping patients healthy. To accomplish this the health center also provides "wrap around services" which compliment the typical medical care we provide. These services are fashioned to support the person's health, prevent illness or ameliorate illness. Examples of these wrap around services are tobacco cessation, social work, mental health, nutrition, and patient care funds.

You might wonder how we can accomplish being a safety net, providing a fee scale, and providing wrap around services. The answer has to do with where our funds are derived. Largely our support comes from the State of New Hampshire's Maternal and Child Health, which is under the Division of Health and Human Services. Recently, well more than 130K of state funds has been cut from our budget. We have made many difficult changes to accommodate for this decline in state support. Now, more than ever before, we need our local supporters to assist us as we struggle to remain a "safety net" provider for the most vulnerable valley families by providing the sliding fee scale and wrap around services.

Everyone deserves affordable healthcare. Please help us continue to make that happen.

Patricia McMurry, Executive Director



A Closer Look

Got Teeth?

The Children's Dental Program at WMCHC provides dental services to children in the valley who might otherwise neglect oral health because of the family's financial situation. Funded by grants and generous donations, the program touched the lives of 839 children last year.



Martin Chaput, DDS

Martin Chaput, DDS leads the dental team at WMCHC. After retiring from his practice in Salem, MA, Dr. Chaput and his wife headed north. Dr. Chaput found that he could not ignore the need he saw to help low income and uninsured valley kids get the oral health care so important to a healthy future. With that thought in mind, he stepped into the role of dentist with WMCHC Children's Dental Program in 2006.

Dr. Chaput is assisted by Jen Bona and accompanied in the program by Amy Stoddard, Registered Dental Hygienist. This small team of three works tirelessly to help valley children in need build a healthy future full of dazzling smiles.

About WMCHC's Children's Dental Program

Who is eligible?

Children with their first tooth, under age 21, who are residents of Mount Washington Valley or Western Maine.

Services Provided

Cleanings, x-rays, oral hygiene instruction, fluoride treatments, sealants, exams and fillings.

Insurance & Sliding Fee Scale Accepted

Medicaid, MaineCare and private dental Insurance accepted. **For children without dental insurance, we offer a sliding fee scale.**